THE KINDNESS CLIMB

toy mountain
Giving Hope Today
CTV

SCHOOL TOY DRIVE

Reach new heights by completing the Kindness Climb!

Look for little chances to be kind every day.

Perform the kind act described in a square. Once you complete it, mark that square (with a sticker, a checkmark, or colour it in). When every square is complete, you've reached the top of the Kindness Climb!



	Be a good listener when someone is talking	Tell someone that they are being a good friend or teammate	Say something nice about someone when they're not around	
Hold the door open for someone	Compliment someone's idea or answer in class	Help keep your classroom clean	Ask someone if they want to join your game or group	Help someone carry their books or backpack
Share your supplies if someone needs them	Thank a school bus driver, librarian or custodian	Help a classmate clean up or organize their desk	Let someone go ahead of you in line	Tell your friend, "You're awesome — thanks for being my friend!"
Write a kind note to brighten someone's day	Smile at someone in the hallway	Ask someone how their day is going	Partner with someone new in group work	Pick up litter – even if it's not yours!



